



December 2018

Network Outage



The First Nations Telehealth Network will experience an all day network outage on December 17. The outage will commence at 0800 and should resolve by 1700.

Should you have any questions about the outage please contact our offices at 1-888-999-3356 or vhhelp@fntn.ca



Survey Request

Here is your chance to win a \$50 Gift Card! We are asking all users of the First Nations Telehealth Network to participate in our feedback survey. The survey is broken up in to 4 parts:

1. Training
2. Education
3. Communications
4. Feedback



The survey should take no more than 5-10 minutes of your time. It is completed electronically, no worry to fax or email back to us! All completed surveys are entered into a draw to win a \$50 Gift Card. The survey will close at the end of day on December 14.

The survey can be found on the First Nations Telehealth Portal at www.fntn.ca

News



Office Closure



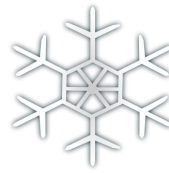
Our offices will be closed for the holiday season from December 24 to January 7. Our scheduling and admin team will be unavailable during this time. You will still have direct access to technical support during the non statutory holidays

Newsletter Break



Due to the upcoming office closure, the First Nations Telehealth Network will not be sent out in January 2019. Our communications will resume in the new year and subscribers will continue to be notified of any new sessions added. The February newsletter will be sent out on the first working day of February.

Upcoming Videoconference



Coming Soon

**COMING
SOON!**



METHAMPHETAMINE AWARENESS

December 18, 2018

13:30—15:00

This videoconference will explore Methamphetamine (Meth) with effort to identify it, understand how it works and how it can be harmful.

LEARNING OUTCOMES:

1. What is Methamphetamine
2. What is its history
3. How does it affect the body
4. What does an overdose look like
5. What harm reduction supplies can be found with meth use (what are they for and how do they work)



PRESENTED BY: This webinar will be co-presented by HIV North employees Jessica Hubley, who is their Educator/ Outreach Worker and Marina Tran, who is their Naloxone Outreach Worker. Jessica and Marina are both front line workers in the agency, which gives them the unique opportunity to share their knowledge through lived experience.

HOW TO REGISTER: Register for this session by visiting the First Nations Telehealth Network www.fntn.ca



Our administrative team has been busy planning and developing new education sessions and series. These sessions will be starting in the new year. These sessions vary in topics and there are many different presenters who will be joining us. Some of these sessions include:

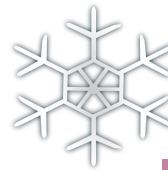
- Mental Health
- Harm Reduction
- Data Management
- Legal



Make sure to subscribe to our website, www.fntn.ca, to get all the important emails and information.



New Recording: Breast Cancer Screening in First Nation Communities: A Screen Test Over-



Screen Test provides breast cancer screening in 25 First Nation and Metis communities across Alberta with its mobile clinics. This session will cover the basic of breast health and screening mammography, what that looks like in Alberta, what Screen Test is, how it works, and why breast health is important in First Nations communities.

Visit www.fntn.ca to access this recording and all other recorded videoconferences on our network



Training



Project Echo: Using Telemedicine to Treat Hepatitis

December 11, 2018

1330—1530

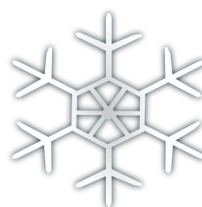


The First Nations Telehealth Network will be joined by Dr. Lee to discuss ECHO and Hepatitis C within indigenous communities.

Learning Outcomes

1. Understand the natural history of hepatitis C, especially in Indigenous people.
2. Define new oral therapies for HCV.
3. Understand how Indigenous HCV patients can access new therapies by telemedicine.

Presented By: Dr. Samuel Lee, MD, FRCPC



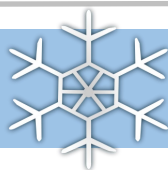
We have updated our training videos! These new videos reflect the changes in our website. These videos can be accessed at any time by visiting the training page on our website (www.fntn.ca)

These new videos cover important topics such as:

- How to register for sessions
- How to organize an education session
- How to subscribe to FNTN

and so much more! These videos are a great resource for any new staff or if you just need a quick refresher on using the equipment.

Session Calendar



For a full list of all videoconference sessions on the First Nations Telehealth Network visit our website at www.fntn.ca





With the upcoming holiday season rapidly approaching, more people are turning to the internet for online holiday shopping. We have a few tips and tricks to keep your online shopping safe.

- When using your credit card information, always make sure the website is reputable. Places like Amazon, Walmart and other major retailers have their own fail-safes to make sure that all networks are secure.
- Do not pay any unexpected invoices from any retailer. If you receive an email or an invoice from a retail place that you weren't expecting, either call them directly to discuss and/or delete the invoice immediately. Do not provide any personal information on any unexpected invoice.
- Check your credit card statements regularly. Do this to ensure that no overcharges or unexpected charges occur. If they do, call your credit card company immediately.

Frequently Asked Questions (F.A.Q)



This sessions would be described as an **Invite Education** session. Invite Education sessions are only opened for those communities the videoconference organizer (you) invites. The videoconference organizer would contact each site directly and see if they would like to attend. Once they have confirmed their attendance with you and have booked their videoconferencing rooms, you can schedule your session with our offices. An Invite Education Session can be scheduled on our website at www.fntn.ca



Steps in Organizing an Invite Education Session

1. Organize your speakers (date, time, book your videoconference rooms)
2. Confirm attendance from all interested sites
3. Contact www.fntn.ca to schedule your session (and all registered participants)



Alberta In-Patient Addiction Treatment Centres Symposium

At the Double Tree by Hilton Hotel West Edmonton
November 20 and 21 2018

Brittani Norstrom, our Program & Policy Analyst, was fortunate to attend the Alberta In-Patient Addiction Treatment Centres Symposium. This 2 day event held in Edmonton, and highlighted some incredible addiction treatment services within Alberta. Treatment centres and detox centres across Alberta came together to share about their services and discuss the on-going continuum of care. The needs for these services are ever increasing, in part to the opioid epidemic that is encompassing our country. The key note speakers for this event addressed the current struggles facing access to treatment as well as some incredible lived experience speakers who provided a very personal and raw side to those facing addictions.

For more information about the conference, visit the website the Alberta In-Patient Addiction Treatment Centres Symposium website <https://www.abaddictiontx.ca/>

First Nations Telehealth Network

1-888-999-3356

vchelp@fntn.ca

[Www.fntn.ca](http://www.fntn.ca)

This newsletter is a copy of the electronic newsletter sent to subscribers. Some functions of the electronic newsletter will be lost in this copy. To get a full electronic version subscribe to the First Nations Telehealth Network at www.fntn.ca