



TSAG PRESENTS

First Nations Telehealth Network



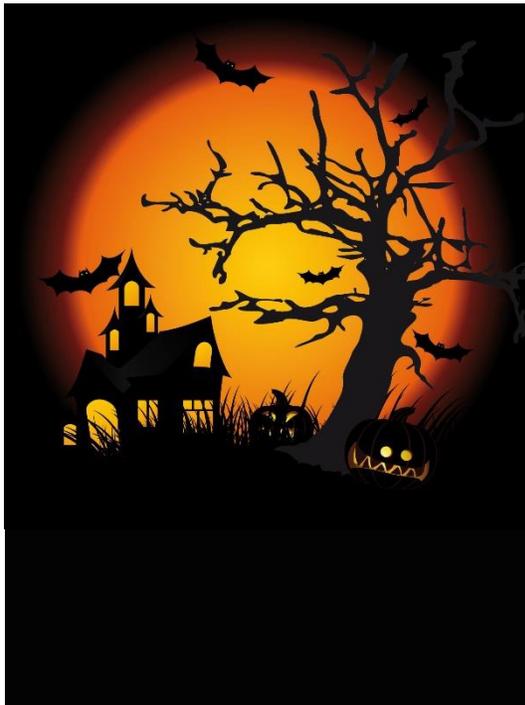
October 2015

Volume 1, Issue 2

October was the launch of this year's annual Telehealth Speaker Series. First Nations communities were invited to participate in the Four Elements session about Management of Burns in the Community. This session was quite successful with over 15 First Nations communities registered to attend. Speaker Dorothy Phillips provided valuable knowledge on prevention strategies and types of burn injuries. Dorothy was able to provide a detailed account of burns as well as how to care for them using the most common treatments in Health Centres across Alberta. If you were unable to attend this session a recording will be placed on our First Nations Telehealth Portal. You may also click on the link below to view this session.

First Nations Telehealth Network has developed the Telehealth Speaker Series as a way to provide First Nations communities with valuable information on safety, health and culture. Each session is advertised on the First Nations Telehealth Portal and is open for all Telehealth users to attend.

If you are interested in attending a session or even presenting as a part of the Telehealth Speaker Series, please contact First Nations Telehealth Network at 1-888-999-3356 or at vhhelp@firstnationsth.ca



Happy Halloween

In this Issue

- Upcoming Sessions
- Clinical Peripherals
- Free Telehealth Training
- How To: Access Recordings and Handouts
- Did you know: Connection to Education
- Meet the Telehealth Team

UPCOMING SESSIONS

First Nations Telehealth Network Presents: Spiritual Well-being

Date: December 3, 2015

Time: 10:00 – 11:30 AM

Presenter: Hal Eagletail

About this presentation:

Although the holiday season is happy for most, it may be a time that is hardest for some. Join us as Hal Eagletail helps us learn about spiritual well-being from a cultural perspective. This session is meant to be interactive and can be a fantastic opportunity to get your questions answered

Alberta Health Services Presents: Navigating Your Way Through Mindfulness

Date: November 17, 2015

Time: 11:00 am - 12:30 am

Presenter: Allan Donsky, MD

Learning Objective:

At the end of this presentation, participants will have an understanding of what mindfulness is and is not. We will understand why Mindfulness is being spoken about so much these days. We will discuss how emotions work and how Mindfulness can help children and adults strengthen mental health and well-being.

Alberta Health Services Presents: Helping Parents Understand the Impact of Media on Children

Date: November 10, 2015

Time: 11:00 am - 12:30 am

Presenter: Dr. Peter Nieman FRCP (C), FAAP

The author of the first paper on children and media for the Canada Pediatric Society will discuss how media is more than TV and radio: but includes music, videos and much more. Toddlers and iPads will be discussed as well as education apps in general. Based on personal observation and experience with the relationship; media and obesity will be mentioned. The effects of marketing in the media on children and teens and the subject of sexting will be addressed.

[Visit our Calendar Here](#)



Clinical Peripherals

In fall of 2015, First Nations Telehealth Network acquired several types of clinical peripherals. The clinical peripherals help to enhance the clinical services offered remotely. There are several types of peripherals, including:

1. **Stethoscopes** that allow the physician to hear breathe sounds and heart beats remotely over the video conference equipment
2. **Handheld Camera**– This allows the nurse who is on site with the patient to transmit medical images of the patient via the video conference equipment
3. **Horus Scope**– This camera comes with several different lenses which allow for different functions. There is an Otoscope, General Examination Camera and a Dermatology lens

** It is important to note that none of these images are stored in the camera or on the video conference equipment*

First Nations Telehealth Network will be deploying the clinical peripherals in select sites to ensure that they meet the expectations and reduce barriers for clinical patients. If you have any questions about the types of peripherals being deployed or are interested in knowing which communities are a part of the pilot project, contact First Nations Telehealth Network at 1-888-999-3356.



Free Telehealth Training

First Nations Telehealth Training offers a detailed training program to all Telehealth users. Whether you are a new employee or need a refresher on the equipment, the hour long training session is open to all users and will provide a look in to general equipment use, basic troubleshooting and details on how to sign up for a session.

Training Outcomes

- How to turn the equipment off and on
- How to place a call and receive a call
- Troubleshoot common user errors
- Understand the types of video conferences offered by Telehealth
- Register for upcoming sessions
- Full virtual tour of the First Nations Telehealth Portal

Each training session is offered over the video conference equipment so users get first hand experience on how to use the equipment in the moment. Training is always offered and can simply be scheduled by contact the Telehealth Scheduler & Support at 1-888-999-3356 or by email at vchelp@firstnationsth.ca

[Book Your Training Session Here](#)



How To: Access Handouts and Videos

Unable to attend your scheduled video conference? Afraid you will miss important information? Worry no longer! First Nations Telehealth Portal keeps all videos and handouts for all of our sessions. You can access these videos and handouts any time. Simply follow these steps:

1. Visit Firstnationsth.ca
2. Select Library at the top of the screen
3. Choose either Handouts or Video Archives
4. Search by the date of the session, the name of the session or by a few keywords

[View Past Recordings Here](#)

Did you know: Connection to Education

First Nations Telehealth Network offers connectivity to **free** education sessions for all Telehealth users, Health Centre staff and community members. All education sessions are advertised on the First Nations Telehealth Portal. First Nations Telehealth Network advertises sessions from across Canada and from various service providers including FNIHB, University of BC Learning Circles, and Alberta Health Services.

Who can attend these sessions? There are sessions targeted for everyone! Session information varies and can include:

- Parenting
- Professional Development
- Child Development
- Self- Care
- Addictions
- Geriatric Care

First Nations Telehealth Network offers the connection to video conference sessions but it not responsible for the content of these session. If there are any topics that you feel are missing from the Calendar please contact First Nations Telehealth Network at [1-888-999-3356](tel:1-888-999-3356) and the staff will work with you to develop your own education session or will see if there is another service provider who offers these sessions.

[View Education Calendar Here!](#)

Meet the First Nations Telehealth Team



Gerard Beekmans, Verden Arcand, Brittani Norstrom, Don Ginther, Michelle Hoerber and Amal Hassen.

The First Nations Telehealth Network is directly managed by TSAG. The support staff consists of Don Ginther, Michelle Hoeber, Gerard Beekman, Amal Hassen, Brittani Norstrom, Gregory Kadwell and Verden Arcand.

The FNIHB team consists of Dr.Chris Sarin, Sibi Abraham, Minh Vuong, Audie Mah and Diane Billay. They are available to provide support and guidance as needed.

Together TSAG and FNIHB ensure that Telehealth is a valuable tool that is available and accessible to First Nations communities in servicing their needs.

Contact Us

Phone: 1-888-999-3356

Email: vchelp@firstnationsth.ca

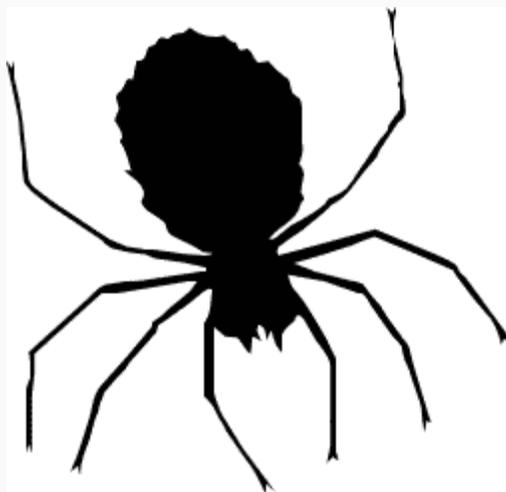
Telehealth Scheduling & Admin

Monday-Friday 8:00 am-12:00 pm, 1:00 pm-4:30 pm

Telehealth Bridge & Technical Support:

Monday – Friday 8:00 am-5:00 pm

[Email Us](#)



Copyright © 2015 First Nations (Alberta) Technical Services Advisory Group, All rights reserved.

First Nations Telehealth Network

vchelp@firstnationsth.ca

1-888-999-3356

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

