

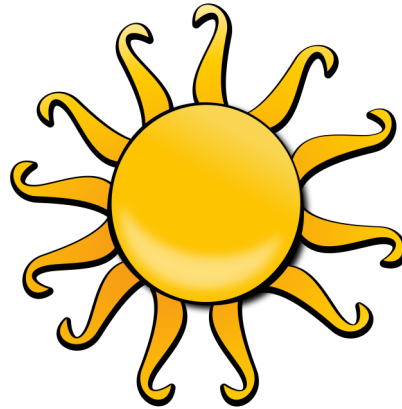


First Nations Telehealth Network

June 2016

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Welcome To Summer!

Spring 2016 was a busy time for the First Nations Telehealth Network. The spring saw the closing of the annual First Nations Telehealth Speaker Series and the beginning of the Fentanyl Learning Series. Each of these series can be viewed online on our First Nations Telehealth Portal. The upcoming months will be dedicated to creating and updating the backend of the Telehealth Network. This includes; server upgrades, equipment upgrades, statistical and data reports as well as endpoint dial string changes. The First Nations Telehealth Newsletter will not be sent out during the summer however, there will still be scheduled clinical and education sessions for participants to attend. All help desk and videoconference support will be available. Don't forget to subscribe to the First Nations Telehealth Portal to keep up to date on upcoming sessions! We thank you for your ongoing support of the First Nations Telehealth Network. If you have any questions please do not hesitate to call our support team at 1-888-999-3356 or at vhelph@firstnationsth.ca

We look forward to reconnecting with you in September. Enjoy your summer!

Thank you,

First Nations Telehealth Support Team





Fentanyl Learning Series

First Nations Telehealth Network launched the Fentanyl Learning Series in March of 2016. There have been 4 sessions in the series targeted at raising awareness and harm reduction around the use of Fentanyl. All sessions have been recorded and are available to view on the First Nations Telehealth Portal. To view these sessions visit www.firstnationsth.ca.

The First Nations Telehealth Portal provides easy access to all recorded videos. Simply click on the Series page at the top of the screen. From here you are able to select the Fentanyl Learning series; you will see all handouts, videos and learning outcomes for the series.

FIRST NATIONS TELEHEALTH PORTAL

Wednesday, June 08, 2016

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Fentanyl Information Series



The First Nations Telehealth Network is pleased to present The Fentanyl Information Series. The purpose of the Fentanyl Information Series is to provide up to date information to First Nations on how best to respond to the issue of Fentanyl and other Opioids On Reserve.

To register for upcoming sessions in this series, [click here](#) to visit the Telehealth Calendar page.

SPEAKER SERIES

We Need Your Help!

Health

Stroke Care

Healthy Living

Nutrition

E
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a
t
i
o
n



Culture

Ethics

Residential Schools

Wound Management

Parenting



Addictions

New Speaker Series Coming in Fall 2016 !

First Nations Telehealth Network works to deliver connections to sessions that focus on First Nations culture. These sessions range from Natural Medicine, Land Development and Spiritual Wellness.

First Nations Telehealth has developed it's own Telehealth Speaker Series. This series is run annually as the First Nations Telehealth Speaker Series. Each round of the series is unique and invites various speakers to discuss current culturally relevant materials. Speakers range anywhere from First Nations members, Elders and other community members.

This time, we need your help! We want to know if there is any type of session you are interested in? Our team takes all suggestions and works to find speakers that can best deliver that subject.

Please email our scheduling team with your thoughts and suggestions as vchelp@firstnationsth.ca. No suggestion is wrong and all feedback is appreciated. Some of the ideas that have been given so far have been:

- Diabetes
- Prescription Drug Abuse
- Arthritis





ATTENTION ALL TELEHEALTH USERS !

Do you want to be featured in our Telehealth Newsletter? First Nations Telehealth Network is looking to highlight a community and the successes Telehealth has brought. We invite Telehealth users to send us their positive stories and opinions on Telehealth. If you are interested in being a part of the newsletter contact us at 1-888-999-3356 or by email at vchelp@firstnationsth.ca

Summer Safety

Now that summer is upon us, we want to remind everyone to stay safe. Whether you are on land, in water or enjoying lots of sunshine it's important to follow basic summer safety skills. To visit the Canada Safety Council to view some summer safety tips, visit the website below.

<https://canadasafetycouncil.org/campaigns/summer>

Did you know?

The "dog days of summer" refer to the weeks between July 3 and August 11 and are named after the Dog Star (Sirius) in the Canis Major constellation. The ancient Greeks blamed Sirius for the hot temperatures, drought, discomfort, and sickness that occurred during the summer. *

Heinberg, Richard. 1993. *Celebrate the Solstice*.

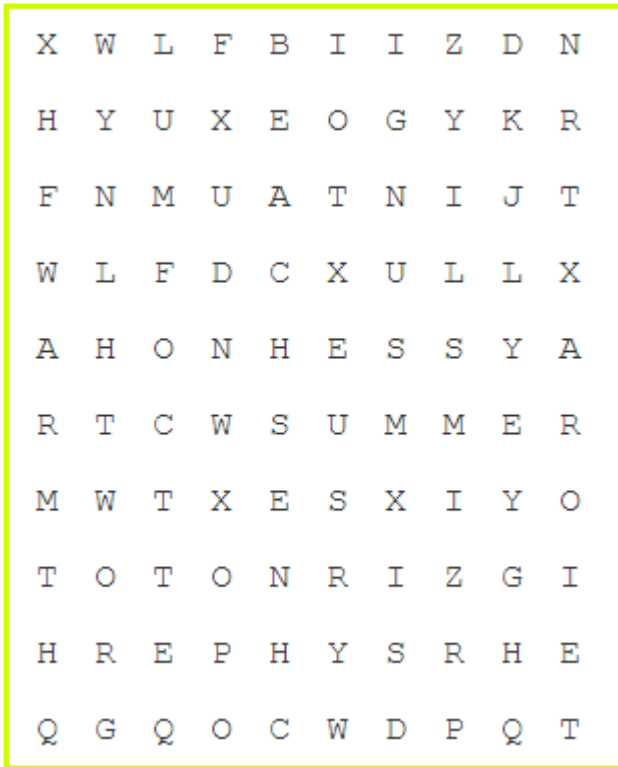


Health Fair Information

Is your community health centre hosting a health fair this summer? First Nations Telehealth Network would be happy to participate and share valuable information on Telehealth and TSAG programs.

Telehealth is an easy way to attend clinical appointments without having to travel and leave your community. It also allows health centre staff and community members to attend FREE education sessions. If you are interested in having First Nations Telehealth attend your health fair contact our team at 1-888-999-3356

Telehealth Crossword



Beach
Growth
Sun
Flowers
Hot
Warmth
Fun
Summer



F _ N T _ N _ L

Fill in the blank

HINT: First Nations Telehealth Network recently put on a learning series about this drug.

Questions Corner

This month, we were able to sit down with Verden Arcand and pick his brain about Telehealth. Verden has been a part of the Telehealth Team since February 2015.



What is your role within Telehealth

I am a Bridge Operator and Help Desk Operator. That means when a conference is requested, I can build a call from a technical standpoint and connect each individual endpoint to any others that they will be sharing the session with. Beyond that, I am one of the guys that troubleshoots any technical problems and answers the support number when a community member needs technical help.

What do you think the benefits of Telehealth are?

I would have to say the biggest benefit of Telehealth would be the distribution and sharing of knowledge. I feel Telehealth really comes in to shine, in that: the ability for a patient to be linked up with a specialist that is the best fit for dealing with their specific condition is now readily available to each and every Health Centre we provide service to. This goes above and beyond just having a video call, but also with new clinical peripherals available on the market today, full patient examinations can be completed by doctors that are not able to be physically present. We have bridged learning sessions where nurses were able to join in and ask questions without needing the funding and time off to actually be physically at a session in a major city. I believe that Telehealth is a resource that better equips health professionals, in both large cities and remote communities, to be united in humanities fight against sickness and disease and other health issues like Fentanyl awareness.

What is your favourite sport to watch and your favourite sports team?

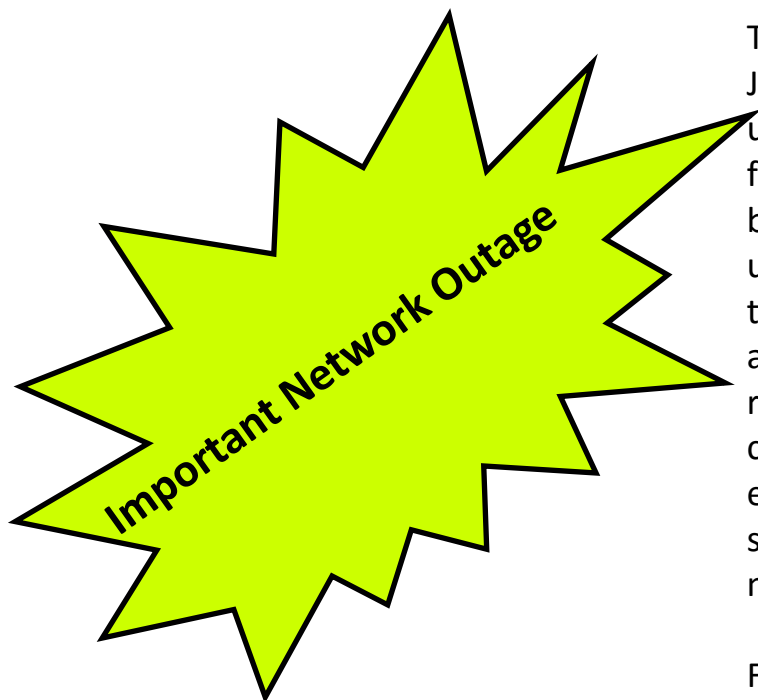
ONE?! Depending on season, spring and summer time – Eskimos and St Louis Cardinals; fall and winter – Blackhawks and Steelers!

Follow us on Facebook and Instagram!

Keep up to date on upcoming videoconferences and important announcements just by following us on Facebook and Instagram! You can now find information on Telehealth through the First Nations Technical Advisory Group Inc. Facebook Page. Click on the link below to view the Facebook page. Don't forget to Like the page!

To connect to us on Instagram search for @FNTSAG and click the Follow button.



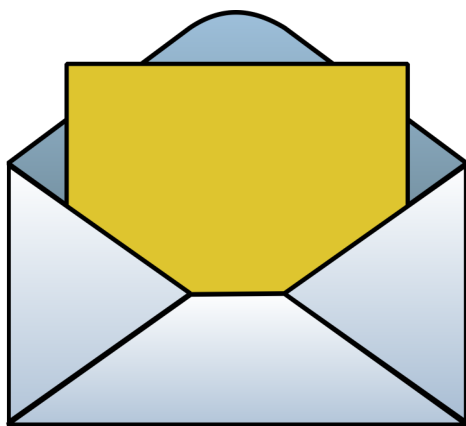


There will be a total network outage starting 8am July 25; this outage will interfere with all scheduled and non-scheduled videoconference therefore, at this time we ask that you refrain from booking any such sessions during that day. These upgrades are required to ensure the network continues to operate with enterprise security and reliability. There will be intermittent outages occurring July 26 and July 27. The time of these outages cannot be determined. If you wish to videoconference during these dates, we cannot guarantee the success of the call. The network should return to normal by 7am on July 28.

For any updates and on the outages please visit our webpage at www.firstnationsth.ca. Any status updates will be posted on the website during that time.

We Want to Hear From You!

First Nations Telehealth Network encourages involvement from all communities and its members. If you have any questions or want to contribute material for our next newsletter, please contact us! Feedback is always welcome.



Phone: 1-888-999-3356

Email: vchelp@firstnationsth.ca

Telehealth Scheduling & Admin

Monday-Friday 8:00 am-12:00 pm, 1:00 pm-4:30 pm

Telehealth Bridge & Technical Support:

Monday – Friday 8:00 am-5:00 pm