



Welcome

Over the past two months, the First Nations Telehealth Network has conducted an online survey to help us better understand the Telehealth needs of the First Nations communities in Alberta. The survey link was emailed out on the past two newsletters and was also available to access on the front page of our [website](#).

We received some wonderful positive feedback from users as well as constructive feedback in areas that we could improve our services. The First Nations Telehealth Network is committed to providing the best possible service to all users. One of the biggest pieces of feedback we heard was the ability to offer more variety in the dates and times of sessions. We have mostly stuck to earlier morning sessions as we believed that was the best time for health centre staff to attend at. Starting in June, we will look at changing the dates and times offered for sessions; we will be looking at offering more afternoon programming. Unfortunately, we are not always able to run our programs multiple times so for those unable to attend the session, we generally offer a recording for the session.

We also heard multiple recommendations for more sessions on mental health. As the area of mental health is very expansive, we welcome any and all suggestions on specific topics. We will be looking at offering more mental health based education sessions. If you have any specific request for education please contact our scheduling team today.

As always, we thank you for your continued support of the First Nations Telehealth Network. Make sure to check our web page (www.firstnationsth.ca) for any updates over the summer months. Don't forget to keep an eye out for our newsletter, returning to your inbox in September!

News

4255

The total number of clinical patients seen over videoconference
2017/2018



Network Outage

The First Nations Telehealth Network will be experiencing a network outage. This outage is crucial in updating our servers and in-house equipment. **The all day outage is scheduled for June 25, 2018. No videoconference sessions will be held on this day.** If you have any further questions please contact the First Nations Telehealth Network.

Trauma Information Series

First Nations Telehealth Network
&

Little Warriors Presents:

Trauma Information Series

Only two sessions left in the **Trauma Information Series**! Thank you for joining us over the last two months to learn and gain knowledge of childhood sexual abuse and trauma. If you have missed any of the previous sessions, you can view the recordings on the First Nations Telehealth Portal today. Thank you for supporting this much needed series, we look forward to our continued work with Little Warriors and the Be Brave Ranch.

Trauma and Attachment

*What Every Caregiver and Professional
Needs to Know*

June 6 2018
10:00 am – Noon



In this session, participants will be given an introduction to Attachment Theory, and will learn about Attachment Trauma, Attachment Disorders, and the continuum of Attachment. Additionally, participants will learn about the importance of healthy/secure Attachment and ways to foster secure Attachment.

Learning Outcomes:

- Participants will gain an understanding of the Attachment system and the importance of healthy/secure Attachment.
- Participants will learn about Attachment trauma and the risk factors associated with Attachment Disorders.
- Participants will learn about ways to foster secure attachment relationships in parent-child dyads.

Presented by: Melanie Jonkman

Melanie is a Registered Psychologist specializing in Child Trauma and Attachment. She holds a Master's Degree from the University of Alberta. Melanie has over 15 years of experience working with complex developmental trauma and its impact on children, youth, and families. She is a certified Hakomi Therapist and TCI (Therapeutic Crisis Intervention) trainer and has various trainings related to evidence-based trauma treatment. She has worked in the area of children's mental health as the Clinical Lead for a Trauma Program and Trauma and Attachment Group Program and is currently a Senior Therapist working at Little Warriors/Be Brave Ranch.

Upcoming Videoconference Sessions



CDC Corner Session: Tuberculosis

June 13, 2018
1:30 pm - 2:30 pm

This first ever session of the FNIHB CDC Team CDC Corner. A short presentation on Rifapentine (a TB medication that will soon be used to treat LTBI in Alberta) will begin the session. The remainder of the session will be a chance for the TB Team to answer any and all of your TB questions!



Diabetic Foot Care

Clinical Pathway Foot Screening Overview

June 27, 2018
1:30 pm - 3:00 pm

This session will provide an overview of the Diabetes Foot Care Clinical Pathway and review components to include in a comprehensive foot screen from a health professional lens

Learning objectives

1. Gain insight and application of the DFCC Pathway in community settings
2. Review parameters of a comprehensive diabetic foot screen
3. Identify resources to address identified risk factors from foot screening findings

Presented By: Edie Attrell RN BN ET IIWCC CPL DON SCN

News



Education Category

With all the changes that have occurred since the inception of the FNTN, it was a unilateral decision to change the categorization of education programs. We will no longer be categorizing education programs by specific organizations, and will instead be labeling them as per their content. This was done to ensure that all FNTN subscribers and users have an easier understanding of what the session is about.

99

*As of May 2018, there are a total
of 99 sites on the First Nations
Telehealth Network*

Indigenous Outreach Program



The Schizophrenia Society of Alberta is now offering peer support opportunities via Telehealth. In early May, the FNTN invited Tanya Behm and Amy Willian from the SSA to present on the Indigenous Outreach Program and the referral process. You can view the recorded session and access the referral form by clicking the link below.

The main goals of the Indigenous Peer Support Outreach program are:

- To provide an opportunity for individuals who are successfully coping with symptoms of schizophrenia or related disorders to assist others who are struggling
- To increase the quality of life and decrease isolation for individuals who are living on First Nation reserves and are struggling with their symptoms by providing social and emotional support to achieve their own personal recovery goals and reintegrate into community life
- It is the goal of Peer Support Outreach Workers to inspire hope in others that recovery is not only possible but probable

For more information on the Indigenous Outreach Program please contact the Schizophrenia Society of Alberta directly. Any site that is currently on the First Nations Telehealth Network has the ability to attend the peer support sessions.

To access the recording of the referral form, please visit the First Nations Telehealth Network at www.firstnationsth.ca



Year End Report

Year end usage reports have been sent out to the Health Directors of each site on the First Nations Telehealth Network. If you have not received your sites usage reports and/or have any questions please do not hesitate to contact our offices at vhelph@firstnationsth.ca



Will there be handouts for the education session I am attending?

Not all sessions have handouts available for viewing. This depends on what content is made available from the presenter. If there are handouts available they can be found within the session on the calendar or on the library section of the First Nations Telehealth Portal. Handouts may or may not be available before the session. Sometimes, handouts will only be made available after the session and not before. If there are any questions on whether handouts are available contact vhelph@firstnationsth.ca



Visit the First Nations Telehealth Portal for a full list of all upcoming education sessions. There currently 13 open education sessions posted for the month of June! Don't forget to take a look and register for these sessions today.

Contact Us

First Nations Telehealth Network

1-888-999-3356
vchelp@firstnationsth.ca
www.firstnationsth.ca



*** This newsletter is a copy of the electronic newsletter sent to subscribers. Some functions of the electronic newsletter will be lost in this copy. To get the full electronic version subscribe to the First Nations Telehealth Network at www.firstnationsth.ca*